

# Protect Your Future

## Get the HPV Vaccine Today

### What is HPV?

Human Papillomavirus (HPV) is a group of viruses that:

- Causes warts (Non-cancerous tumors) and some types of cancer.
- Spreads through skin-to-skin contact.



In Qatar, the HPV vaccine protects against **9 types of HPV**, preventing:

**95%** of cervical cancer causes.

**90%** of genital warts.

### HPV-Associated Cancers

| Cancer Type             | Percentage of Cases |
|-------------------------|---------------------|
| Oropharyngeal cancers   | 60%                 |
| Anal cancers            | 90%                 |
| Vaginal cancers         | 78%                 |
| Vulvar cancers          | 25%                 |
| Penile cancers          | 50%                 |
| Cervical cancer & warts | Almost all cases    |



### Key Facts about the HPV Vaccine

- Prevents more than **90% of HPV-related cancers** when given at the recommended ages.
- HPV infections often clear on their own, **but the vaccine provides critical prevention.**
- **Safe, effective, and long-lasting.**

### Who Should Get the HPV Vaccine?



**Girls and Boys  
Ages 9-26**

Ages **9-14**: Two-dose series.  
Ages **15-26**: Three-dose series.

**High-Risk Groups  
(Up to Age 45)**

May also benefit from vaccination.

**In Qatar, the vaccine is available at:**

- Primary Health Care Centers.
- CDC and WWRC Centers.

**Visit your nearest center and take action now!**

### Why Vaccinate?

- **HPV is Common:** Can cause six types of cancer and warts.
- **Prevention is Key:** The vaccine can't treat HPV, but it can prevent infection.

### Important Notes about the HPV Vaccine



Not recommended during pregnancy or breastfeeding.



Women aged 21-69 who received the vaccine should continue cervical cancer screening with Pap smear every 3-5 years.



Does not cause infertility or sterility.